

To Register please complete and return to:

Freepost RSJX-TZRC-YSZZ

Harrow Carers 376-378 Pinner Road

Harrow

HA2 6DZ

**CARERS DETAILS**

Title.....

Full name.....

Address.....  
.....

Postcode.....

Telephone.....

I am a carer for .....

Relationship.....

What would you like to know more about?.....  
.....

**Useful Numbers**

Benefit Enquiry Line: 0800 88 22 00

Social Services: 0208 901 2680

Emergency Social Services  
0208 861 3242

Alzheimer's Society 01923 823 999

Harrow Civic Centre 020 8863 5611

Harrow Crossroads 020 8868 0903

Harrow Age UK 020 8861 7980

Rethink 0208 861 3717

Mind in Harrow 020 8426 0929

HAD 020 8861 9920

Harrow Shop Mobility: 020 8427 1200

Harrow Mencap 020 8954 8444

Northwick Park Hospital 020 8864 3232

NHS Direct 08 45 46 47

Website of the UK government  
[www.direct.gov.uk](http://www.direct.gov.uk)

**We adhere to the Code of Practice for advocates  
which is available on our website  
[www.harrowcarers.org](http://www.harrowcarers.org)**



**Advocacy, benefits  
advice and outreach  
Project**

**Do you provide unpaid  
support and help to a family  
member or a friend who has a  
disability, mental health  
problem, chronic condition or  
who is frail or aged?**



376-378 Pinner Road  
North Harrow  
Middlesex  
HA2 6DZ

Phone: 0208 868 5224  
Fax: 0207 998 7833  
E-mail: [admin@harrowcarers.org](mailto:admin@harrowcarers.org)  
Website: [www.harrowcarers.org](http://www.harrowcarers.org)

## Advocacy, benefits advice and outreach

Harrow Carers is an **independent voluntary organisation** and the lead carers support agency in Harrow. We work in partnership with local statutory, voluntary and commercial organisations.

Our aim is to provide **free** practical support and advice to carers and their families to enable them to continue with their caring roles, participate in their local communities and contribute to the economy through employment and education, social activities

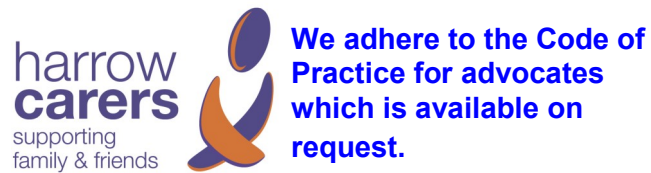
and sharing their knowledge and expertise with others whilst maintaining



healthy lifestyles.



Harrow Carers is a UK registered charity (Carers Support Harrow) No. 1062149 & Company Limited by guarantee in England No. 3325055



### **FREE BENEFIT ADVICE INCLUDING:**

**Income Support and Income based**

**Jobseekers Allowance**

**Employment and Support Allowance**

**Pension Credit**

**Housing Benefit and Council Tax**

**Working Tax Credit**

**Child Tax Credit**

**Attendance Allowance**

**Bereavement Allowance**

**Carer's Allowance**

**Child Benefit**

**Disability Living Allowance**

**Employment and Support Allowance**

**Incapacity Benefit**

**Retirement Pension**

### **Our aim is to:**

Improve carers health, economic well-being and overall quality of life through access to financial benefits and allowances.

Advocate for carers to “have a voice” in local service planning by being representatives on partnership boards and consultation groups.

Empower carers to make a positive contribution in the community.

### **Our Support and Outreach Worker will provide:**

- Emotional support on the telephone and face to face
- Advice and support in claiming welfare benefits for the carer and the cared for person
- Advocacy to support a carer in accessing services for themselves and the person that they care for
- Campaigning for carers rights to enable carers to obtain the statutory support that they care entitled to
- Partnership working with statutory authorities to help them deliver better services for carers
- Advice about carers assessments
- Help with filling in benefits application forms including Attendance Allowance, Carers

Allowance, Income Support and Income based Jobseeker's Allowance, Housing Benefit and Council Tax Benefit